



Benefits of Trinity Energy Progression, By Jennifer Cummings

- * Enhanced meditation practice, meaning much easier to connect within and help minimize distracting thoughts.
- * A powerful self-development tool that enhances spiritual journey.
- * An easy to use healing modality to use on self and all others, either in person or remotely.
- * A unique way to access higher consciousness and increase your spiritual awareness.
- * A vehicle to help you remember the infinite, powerful and divine being you are.
- * Helps to access your intuition and enhances spiritual gifts.
- * A loving and supportive community to get help, plus trade and share sessions with.
- * You become a practitioner to help family, friends and clients.
- * Strongly supports manifestations and intentions.
- * Clears emotional and other energetic blocks.
- * Can release the core origin of a discordant energy versus just surface levels.
- * Helps to align you with your truth of who you are and why you're here
- * SELF-EMPOWERMENT!

DATES & TIMES:

Friday, February 10th - 12pm - 5pm

Saturday, February 11th - 9:30am-4:30pm

Sunday, February 12th- 9:30am-3:30pm

See www.myheartreiki.com for more details or register by emailing jennifer@myheartreiki.com

\$425.00 (\$395 for early bird special).